

SALONI DOSHI PT, DPT, CAS

MA PT Licensed | BLS Certified | Credentialed Clinical Instructor (APTA) | Term Lecturer

PROFESSIONAL SUMMARY

Board-licensed Physical Therapist (PT, DPT, CAS) with 20+ years of evidence-based orthopedic and outpatient rehabilitation practice at a Harvard Medical School teaching affiliate. Expertise in complex musculoskeletal evaluation, manual therapy (McKenzie, Maitland, Mulligan), pain science education, and pre-/post-operative orthopedic care. Early adopter of AI in clinical practice, trained in MGB's Ambient Documentation System, AI Copilot tools, and Foundations of AI in Healthcare, leveraging technology to enhance care quality and efficiency. Consistently manages high-volume caseloads (14 patients/day) with outstanding outcomes. Adjunct faculty, published researcher, and recognized clinician committed to collaborative, patient-centered care.

CORE COMPETENCIES

Orthopedic Evaluation & Treatment • Pre/Post-Operative Rehabilitation • Manual Therapy (McKenzie / Maitland / Mulligan) • Pain Science Education • Motivational Interviewing • Telehealth / Virtual PT • EPIC EMR • Interdisciplinary Collaboration • Student Supervision & Clinical Education • Research & Evidence-Based Practice • Chronic Pain Management • High-Volume Caseload Management • AI-Assisted Clinical Documentation (MGB Ambient Documentation System) • AI Copilot Tools in Clinical Workflows • Healthcare Technology Adoption & Training

TEACHING EXPERIENCE

Term Lecture for Health Science	2026
Course Developer for Health Science	2026
Adjunct Faculty, DPT Program — MGH Institute of Health Professions	2015 – Present
▶ Teach Physical Therapy Fundamentals, Orthopedic, and Cardiovascular courses; conduct simulation labs for Cardiovascular & Pulmonary courses	
Teaching Peri-Operative Joint Class (TKR/THR) — BWH	2007
Clinical Instructor— Simmons College & MGH Affiliates (6-month internships)	2006 – Present
Faculty, Non-Operative Management of ACL — BWH	2013
Faculty, Lower Extremity Sports Medicine/Orthopaedic Update — BWH	2009

RESEARCH & PUBLICATIONS

- ▶ L Rimmel, K Tagleri, S Doshi et al. Investigating Disparities in Physical Therapy Utilization: An Intersectionality Perspective. Archives of Rehabilitation Research and Clinical Transition, 2025
- ▶ S Doshi, A Perreault, M Kale. Short Term Effects of Kinesiotaping on Pain and Function in Plantar Fasciitis. Orthopedic Practice, 2015; Vol 28:1-16
- ▶ M Tinl, M Kale, S Doshi et al. Use of MSAS in Predicting Discharge Destination After Acute Stroke. Journal of Rehab Med, 2014; Vol 46:219-224
- ▶ WV Congdon, R Ghazinouri, S Doshi et al. Application of ICF Model in Acute Care PT Management. Rehabilitation Oncology, 2010; Vol 28:3-9
- ▶ LL Foley, A Weber, S Doshi. Effects of Yoga on Chronic Back Pain. Orthopedic Practice, 2010; Vol 22:4-10
- ▶ Interviewed for Posture topic published in Harvard Health Letter, 2019
- ▶ Principal Investigator: Effects of Kinesio Taping on Plantar Fasciitis (2009–2015); Poster presentations at International Kinesiotaping Symposium (Rome, 2009), APTA MA (2010, 2014)

EDUCATION

Doctor of Physical Therapy (DPT) — CAPTE Accredited Simmons University, Boston MA	2005
Certificate of Advanced Studies (CAS) MGH Institute of Health Professions	2012
BSc Physiotherapy GS Medical College, Mumbai, India	2000

PROFESSIONAL EXPERIENCE

Brigham and Women's Hospital — Boston, MA

June 2006 – Present

(Teaching Affiliate of Harvard Medical School)

Senior Physical Therapist, Outpatient Orthopedic Practice

Jan 2009 – Present

- ▶ Evaluate and treat diverse orthopedic outpatient caseload (~14 patients/day) including complex musculoskeletal, oncology, and neurologic conditions
- ▶ Manage pre- and post-operative patients across upper/lower extremity and spine surgery (TKR, THR, shoulder replacement, spine)
- ▶ Apply evidence-based manual therapy using McKenzie, Maitland, and Mulligan approaches combined with therapeutic exercise prescription
- ▶ Deliver Pain Science Education and Motivational Interviewing for patients with chronic pain conditions including fibromyalgia, chronic back/neck pain, and Ehlers-Danlos Syndrome
- ▶ Conduct telehealth evaluations and treatments via EPIC; proficient in electronic documentation
- ▶ Provide ergonomic evaluations and education; utilize phone/video interpreters for Spanish, Arabic, and Cantonese-speaking patients
- ▶ Trained on and actively utilize MGB's AI-powered Ambient Documentation System for real-time clinical note generation; leverage AI Copilot tools integrated into clinical workflows at Mass General Brigham to enhance care delivery and reduce administrative burden

Staff Physical Therapist, Inpatient Orthopedic Team

June 2006 – Jan 2009

- ▶ Evaluated and treated post-surgical patients including TKR, THR, total shoulder replacement, ACI, spine surgery, fractures, and amputations
- ▶ Co-lead therapist for orthopedic team: attended multidisciplinary rounds, triaged patients by acuity
- ▶ Organized and facilitated pre-operative joint classes for patients undergoing TKR and THR
- ▶ Team member on Quality Improvement Project for Early Intervention in Trauma Service patients (Partners in Excellence Award, 2006)

Melrose-Wakefield Hospital — Melrose, MA

Mar 2016 – 2020

Per Diem Inpatient Physical Therapist

- ▶ Evaluated and treated patients with complex medical diagnoses: post-MI, cellulitis, dizziness, TKR, THR, and spinal surgery

Children's Hospital — Boston, MA

Jan 2005 – Mar 2005

(Teaching Affiliate of Harvard Medical School) | DPT Intern

- ▶ Full-time outpatient pediatric internship; treated patients newborn to 21 years with orthopedic and neurologic diagnoses
- ▶ Led workshop educating middle school athletes on injury prevention strategies

LICENSURE & CERTIFICATIONS

Massachusetts Physical Therapy License #17324	2005 – Present
BLS Certification	Current
Credentialed Clinical Instructor — APTA	2007 – Present
Motivational Interviewing Certification	2025
Certified Health Coach — ACE	2022 – Present
CITI Certified (Research Ethics)	2013 – Present
Management Fundamentals Certificate — Partners Healthcare	2013

HONORS & AWARDS

20-Year Service Award — Brigham and Women's Hospital	2025
All Star Rehabilitation Recognition Award — BWH	2024
15-Year Service Award — BWH	2020
Rehab Person of the Year — BWH	2013
10-Year Service Award — BWH	2015
Partners in Excellence Award — Early Intervention in Trauma	2006

LANGUAGES & TECHNOLOGY

Languages: English (fluent), Hindi (fluent), Marathi (fluent), Gujarati (fluent)

Technology: EPIC EMR, Microsoft Office Suite (Word, Excel, PowerPoint), Microsoft Copilot, AI Ambient Documentation System (MGB), Telehealth Platforms

CONTINUING EDUCATION

Ethics & Professional Practice

Ethics for Physical and Occupational Therapy Professionals (2025) • Connecting Physical Therapy, Social Justice & Equity (2025) • Ethical Issues in Practice: Duties and Rights in Clinical Cases (2024) • Physical Therapy Ethical Practice Considerations (2024) • Ethical Issues in Practice: Duties and Rights in Clinical Cases (2022) • Orthopedic Surgery, Pain, and Disability (2022) • Diversity, Equity & Inclusion Racial Training (2021)

Orthopedics & Sports Medicine

Achilles Tendinopathy Including Clinical Practice Guidelines (2025) • Evidence-Based Strategies for Patients with Osteoporosis (2025) • Non-Operative Management of Rotator Cuff Tendinopathy (2024) • Evidence-Based Examination of the Cervical Spine (2021) • Evidence-Based Examination of the Foot & Ankle (2021) • Blood Flow Restriction — Owen Recovery Course (2019) • Harvard Sports Medicine Course (2018)

Manual Therapy

Kinesiology Taping & Manual Therapy (2014) • Musculoskeletal Dysfunction: Upper Quarter, Lumbopelvic, Craniomandibular Region — MGH IHP (2008–2010) • Maitland-Australian Approach MT-1 Basic Peripheral, MT-2 Basic Spinal, MT-3 Intermediate Spinal (2008–2009)

Pain Science & Chronic Pain Management

Restorative Neuromodulation for Chronic Low Back Pain (2024) • Integrative Treatment for Patients Experiencing Chronic Pain (2024) • The Neuroscience of Pain (2022) • The “How-To” of Teaching Patients About Pain (2022) • Application of Pain Neuroscience Education (2021) • Reconciling Biomechanics with Pain Science (2018)

Motivational Interviewing

Motivational Interviewing Certification (2025) • Taming Your Reflexes (2025) • Mastering Active Learning (2025) • Building Patient Confidence (2024) • Supporting Patients in the Digital Age (2024) • Planning for Change (2024) • Listening for Change (2024)

Hypermobility Spectrum Disorders (HSD/EDS)

Introduction to HSD/EDS (2023) • General Rehab Strategies for HSD/EDS (2023) • EDS Global Learning Conference (2022) • EDS ECHO Summit Series (2022)

Telehealth, Technology & Innovation

The Foundations of AI in Healthcare — MGB (2026) • AI Ambient Documentation System & Copilot Tools — MGB (2024–2025) • Understanding PROMs: Advancing Clinical Decision Making & Quality Improvement (2024) • Telehealth: Performing a Virtual Objective Exam (2021) • Training on Electronic Documentation — EPIC (2015)

Geriatrics

Clinical Management of the Older Adult with Osteoporosis (2026) • Effective Therapeutic Interventions for the Older Adult with Osteoporosis (2026) • Exercise Dosing for Geriatric Patients with Comorbidities (2025)