

JESSICA HILDEBRANDT, PT, DPT, OCS

Brigham and Women's Hospital – Foxborough, Rehabilitation Services,
20 Patriot Place, Foxborough, MA, 02035 | jhildebrandt1@mghihp.edu

EDUCATION

MGH Institute of Health Professions - Boston, MA
Resident in Orthopedic Physical Therapy 2018

Regis University - Denver, CO
Doctor of Physical Therapy 2017

University of Michigan, School of Kinesiology - Ann Arbor, MI
Bachelor of Science 2014
Major: Movement Science, Minor: German

PROFESIONAL LICENSURE AND CERTIFICATIONS

Licensed Physical Therapist, Massachusetts ABHP, 23330 2017 – Present
Board Certification in Orthopedic Physical Therapy, ABPTS 2019 – Present
Certificate of Achievement in Obstetric Physical Therapy, APTA Pelvic Section 2023 – Present
American Heart Association Basic Life Support certified 2014 – Present

CLINICAL EXPERIENCE

Brigham and Women's Hospital - Foxborough, MA
Clinical Specialist Dec 2022 – Present
Senior Physical Therapist May 2022
Staff Physical Therapist 2019

Newton Wellesley Hospital – Newton, MA
Staff Physical Therapist 2018 – 2019

Brigham and Women's Hospital - Foxborough, MA
Physical Therapy Orthopedic Resident 2017 – 2018

ACADEMIC APPOINTMENTS

MGH Institute of Health Professions Doctor of Physical Therapy Program- Boston, MA
Orthopedic Residency Instructor for Lumbopelvic Module 2024 – Present
Lead Lab Instructor for Anatomy Labs 2023 – Present
Lead Lab Instructor for Pregnancy and Postpartum lab 2023 – Present
Affiliate Faculty 2022 – Present

Anatomy Term Lecturer	2021 – 2022
Clinical Mentor for Orthopedic Physical Therapy Residents	2020 – Present
Clinical Instructor for Doctor of Physical Therapy Students	2020 – Present
Lab Instructor	2017 – Present

RESEARCH EXPERIENCE AND PUBLICATIONS

McPoil TG, **Ford J**, Fundaun J, Gallegos C, Kinney A, McMillan P, Murphy J, Sky E, Torba D, Bade M. The use of a static measure to predict foot posture at midstance during walking. *The Foot*. 2016; 28:47-53.

McPoil TG, **Ford J**, Fundaun J, Gallegos C, Kinney A, McMillan P, Murphy J, Sky E, Torba D, Bade M. The Use of a Static Measure to Predict Foot Posture at Midstance During Walking. Poster: Combined Sections Meeting 2017, San Antonio, TX.

MGH Institute of Health Professionals

Primary Investigator: David Selkowitz, PT, DPT, PhD, OCS, DAAPM

Investigation of EMG activity of hip musculature during common therapeutic exercises in patients with patellofemoral pain syndrome

Research Assistant 2017 – 2018

Regis University Rueckert-Hartman College for Health Professionals

Primary Investigator: Thomas McPoil, PT, PhD

Research Assistant 2015 – 2017

Rehabilitation Biomechanics Laboratory, University of Michigan

Primary Investigator: Deanna Gates, PhD

Surveyed patients at U of M Orthotics and Prosthetics Center to assess for willingness to use new prosthetic designs.

Collected and analyzed gait kinetic and kinematic data using Motion Capture system and force plates.

Research Assistant 2013 – 2014

BRIGHAM AND WOMEN'S HOSPITAL RESPONSIBILITIES AND SPECIAL INTEREST GROUPS

Foxborough rehabilitation department Women's Sports Medicine SIG	2024 – Present
Foxborough rehabilitation department pool safety trainer	2021 – Present
Foxborough rehabilitation department orthopedic resident mentor	2020 – Present
Foxborough rehabilitation department clinical instructor (intermittent)	2020 – Present

CONTINUING EDUCATION

Nurture & Strengthen Postpartum Care Pop Up – APTA Pelvic Section	2025
Pelvic Health Physical Therapy Level 2 Lab – APTA Pelvic Section	2024
Pelvic Health Physical Therapy Level 2 Webinars – APTA Pelvic Section	2024
Pelvic Health Physical Therapy Level 1 Lab – APTA Pelvic Section	2024

Pelvic Health Physical Therapy Level 1 Webinar – APTA Pelvic Section	2024
APTA Combined Sections Meeting	2016, 2017, 2020, 2023, 2024
Obstetric Physical Therapy Labs – APTA Pelvic Section	2023
Intrapartum Topics of Obstetric Physical Therapy – APTA Pelvic Section	2023
Advanced Topics of Pregnancy & Postpartum Physical Therapy – APTA Pelvic Section	2023
Fundamental Topics of Pregnancy & Postpartum Physical Therapy – APTA Pelvic Section	2022
Mass General Sports Medicine Conference: Collaborative Management of the Female Athlete	2022
APTA of Massachusetts Annual Conference	2017, 2018, 2022
Performance Enhancement in the Terminal Phases of Rehabilitation, Daniel Loran – Medbridge	2022
Discharge and Return to Sport Parts 1, 2, 3, Phil Plisky – Medbridge	2022
Mentoring the Advanced Practitioner in Physical Therapy, Eric Robertson, Carol Courtney – Medbridge	2022
Swim Stroke Analysis, Jay Dicharry – Medbridge	2021
The Movement System: Practical Swimming Biomechanics and Treatment, Jared Vagy - Medbridge	2021
APTA Level I Clinical Instructor Course	2021
Introduction to MRI of the Spine - Institute for Imaging and Manual Therapy	2020
APTA Current Concepts in Orthopedic Practice, 4 th ed. Independent Study	2018 – 2019
Elevating Practice in Orthopedic PT: Lower Extremity- MGH Institute of Health Professions	2018
Elevating Practice in Orthopedic PT: Upper Extremity- MGH Institute of Health Professions	2018
Elevating Practice in Orthopedic PT: Spine- MGH Institute of Health Professions	2017
Mass General Sports Medicine Conference: Joint Preservation in the Aging Athlete	2018

MEMBERSHIPS

American Physical Therapy Association (APTA) Member	2014 – Present
American Physical Therapy Association Orthopedic Section Member	2017 – Present